

Calvary Lutheran High School Cross Country Invitational

Saturday October 4, 2025

8:45 coaches meeting at finish line, high school girls race first at 9:00, high school boys to follow, MS girls race, MS boys race to follow (possible combined race dependent on number of entries)

Location-Binder Park-Jefferson City-directions at bottom of message & map of course will be available the day of the meet in your team packets

Start and finish line are near the marina. Parking area is available near the marina, next to Binder Lake. Bathroom facilities are located near the lake, near the picnic area

The course will start and finish near each other. There will be a small portion of the race that goes through the woods.

There will be no high school varsity/JV division, just a girls race and a boys race, with unlimited entries. Race fee is \$45/girls high school team, \$45/girls middle school team, \$45/boys high school team and \$45/boys middle school team or \$10/per runner. Please make checks out to CLHS. You can bring entry fees to the meet, or mail ahead of time to CLHS, 2525 Rt B, Jefferson City, MO 65101.

Runners will be assigned a bib, so please register your runners on Athletic.net by Thursday, October 2. If you have questions or problems with registration, contact Coach Kerri Morris, morrisk@calvarylhs.org or call or text #573-619-8901.

Medals will be awarded to the top 20 individuals in each high school race, top 10 individuals in each middle school race, and plaques to the team winner in each race.

We will have an AT on site from MU Health.